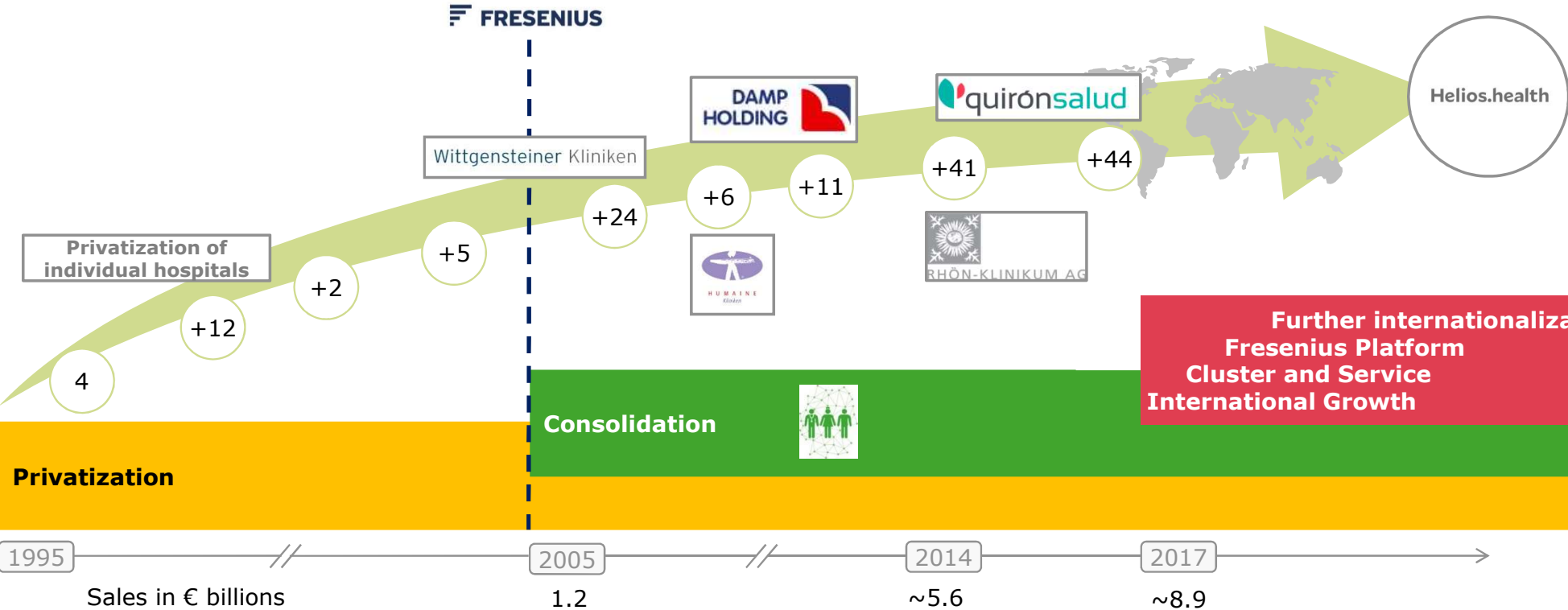


**Helios Health**

**Helios.health**

# Helios Milestones



○ Acquired number of hospitals

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# Helios Health

Helios sets course for further growth

- With the international holding company "Helios Health", Europe's largest hospital operator realigns its corporate structure for further growth since March 2018.
- Helios Health unites Helios Germany and Helios Spain (the Spanish hospital group Quirónsalud, which was acquired in 2016), under one roof, and drives the international expansion of the hospital group.
- Helios Health emerged from the former Helios International Holding, which accompanied the acquisition and integration of Quirónsalud into the Fresenius Helios Group.

Helios.health



**Francesco De Meo**  
Chief Executive Officer



**Daniela Hommel**  
Chief Financial Officer

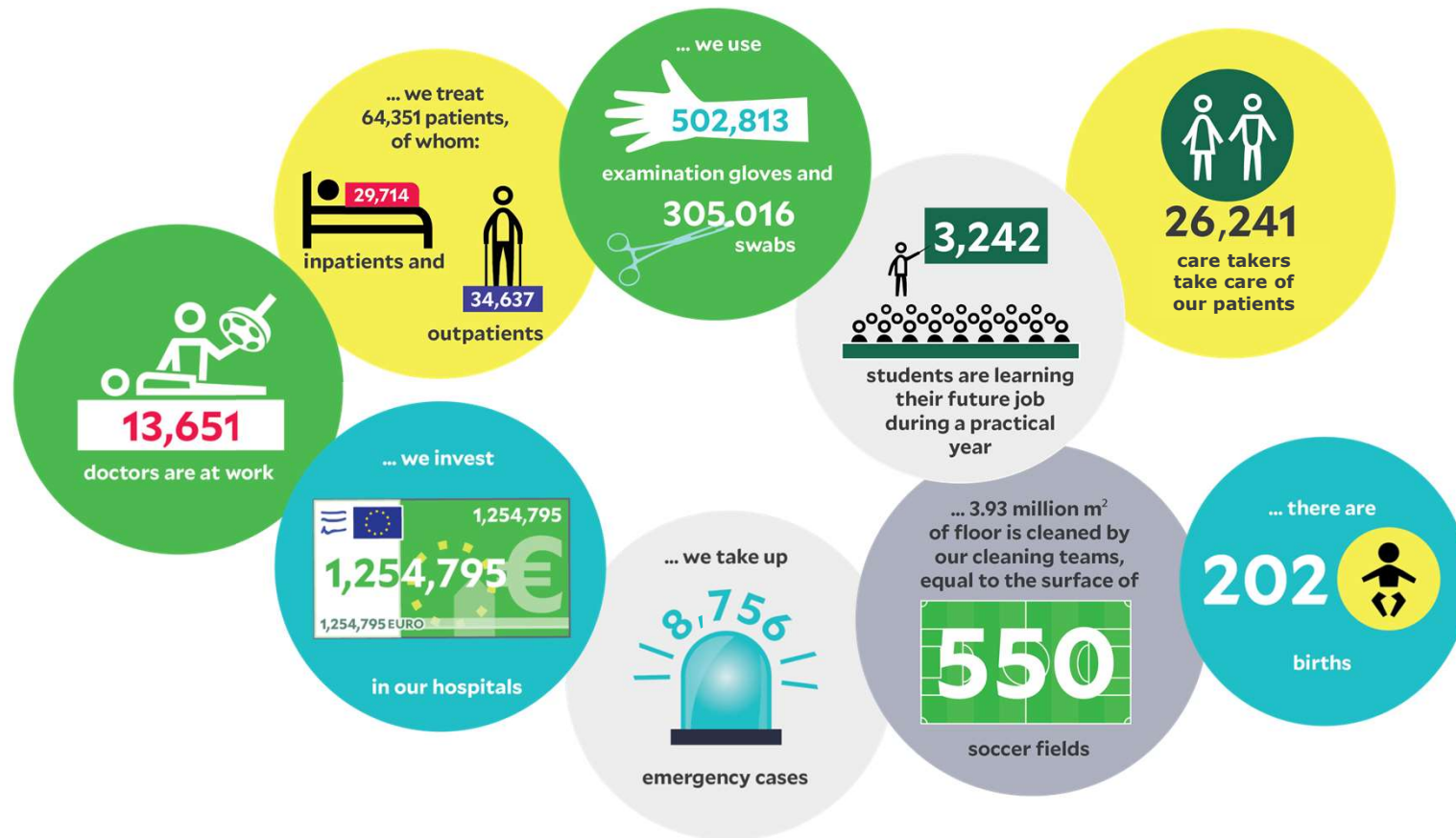


**Enrico Jensch**  
Chief International  
Operating Officer &  
Chief Service Officer  
Helios Germany



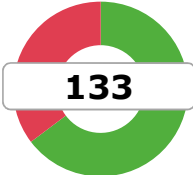
**Ralf Kuhlen**  
Chief Medical Officer

# Any Single Day at Helios in Europe

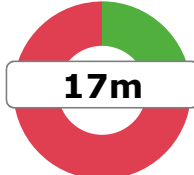


# Helios KPIs

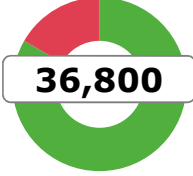
**Hospitals** 



**Outpatients<sup>2</sup>** 



**Beds** 




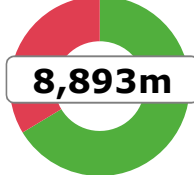
**Medical centers<sup>3</sup>** 



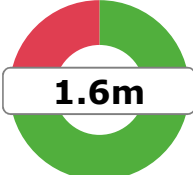
**Employees<sup>1</sup>** 



**Revenue (€)** 



**Inpatients** 



**Helios Spain business model allows for significantly higher ratio of outpatients**

■ Spain    ■ Germany    <sup>1</sup> Includes doctors under mercantile relationship    <sup>2</sup> Includes 2.2 million Emergency Room cases    <sup>3</sup> Includes 126 outpatient clinics, 10 Prevention centers (Germany) and ~300 ORPs, 57 outpatient centers (Spain)



## **Backed by a strong parent: the Fresenius healthcare group**

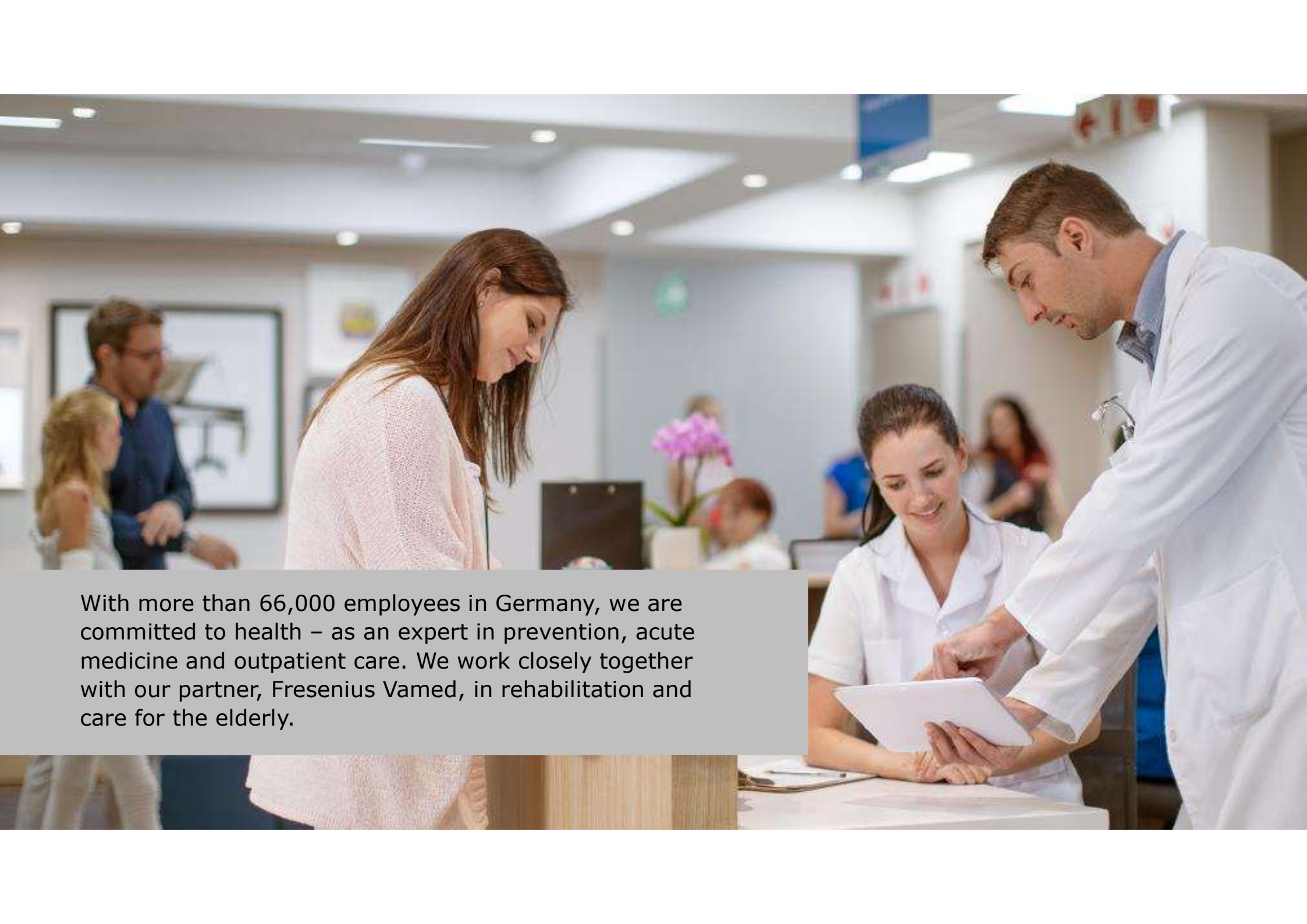
Helios has been part of this global healthcare company since 2006. Fresenius employs more than 270,000 people, who are working for the well-being of patients in over 100 countries.

- As a listed company, Fresenius has excellent access to the capital market, which enables us to invest in better medicine.
- The non-profit Else Kröner-Fresenius Foundation is Fresenius' largest shareholder. It promotes humanitarian projects and medical research worldwide.



**Helios.health**

**Helios Germany**



With more than 66,000 employees in Germany, we are committed to health – as an expert in prevention, acute medicine and outpatient care. We work closely together with our partner, Fresenius Vamed, in rehabilitation and care for the elderly.



# Helios – Facts and figures

- 86 hospitals
- 126 medical care centers
- 10 prevention centers
- 5.3 million patients (4.1 million outpatients)
  
- more than 66,000 employees
- €6.1 billion in sales (Financial year 2018)



## 1994 to 2005

Foundation, hospital privatizations  
and the early days of quality management

In 1994, the vascular surgeon Dr. Lutz Helmig, MD, founded Helios with four hospitals in Bad Schwartau, Bochum, Volkach and Bleicherode, Germany.

- For doctors, the good treatment and satisfaction of patients are prerequisites for success.
- Dr. Helmig constantly strived to access and improve processes and procedures.
- He established a Medical Advisory Board of chief physicians, which took charge of the hospitals' continuing medical development.

“Every single measure must bring about a reduction in the suffering that caused the patient to come to the hospital.”

Dr. Lutz Helmig, MD  
Founder of Helios Kliniken GmbH



The four original hospitals

## 1994 to 2005

Foundation, hospital privatizations  
and the beginnings of quality management

Improved medicine will become the rehabilitation concept  
for new hospitals.

- In 1998, Helios begins measuring, publishing,  
comparing and improving its medical quality.
- In 2001 Dr. Helmig withdraws from management. In  
2006 he sells Helios, now with 24 hospitals, to the  
healthcare group Fresenius, one of the leading  
companies in the health sector worldwide.



### **New building for Berlin-Buch**

In 2001, Helios acquires the Berlin-Buch hospital from the city-state of Berlin. Work on the new building starts in 2004. A total investment of €200 million makes it possible to merge maximum care providers, which had previously been spread over 130 buildings, into a modern clinical complex with more than 1,000 beds. It opens in July 2007.

## 2006 to 2014

Company takeovers and further development of quality management



Helios has grown through acquisitions – especially the acquisition of entire hospital chains.

- Fresenius incorporated the Wittgensteiner Kliniken Gruppe, followed in 2006 by the Klinikgruppe Humaine and in 2012 by Damp Kliniken.
- With the acquisition of 41 Rhön-Klinikum AG hospitals in 2014, a hospital operator with a total of 110 hospitals is created.
- Transparency is established as the guiding principle, and in 2008 Helios becomes a corporate member of Transparency International.

### **2012: Damp hospitals acquisition**

In 2011 Helios acquires the private Damp Gruppe with seven acute and four rehabilitation hospitals, eight medical care centers, two nursing homes and the Ostsee Resort Damp on the Baltic Sea.

# IQM

In 2008, Helios and other clinics established the international Quality Medicine Initiative (Initiative Qualitätsmedizin – IQM), which is based on our quality management.

- Today, more than 410 hospitals in Germany and Switzerland use this method.
- In 2008, Helios introduces surgical checklists in order to increase patient safety – eight years earlier than required by the Federal Joint Committee of German public health agencies (G-BA).
- Starting in 2012, Helios is the first – and the only – hospital operator in Germany to disclose, in its own hygiene portal, biannual data on bacterial exposure in its hospitals.



## Surgical checklists

Helios uses checklists before and after surgery to increase patient safety and reduce risks. The surgeon and the anesthetist assess the risks together. Another checklist inquires about more specific issues, in order to prevent any misunderstandings or complications.

# Since 2015

Focusing on the future – Helios enters new growth areas



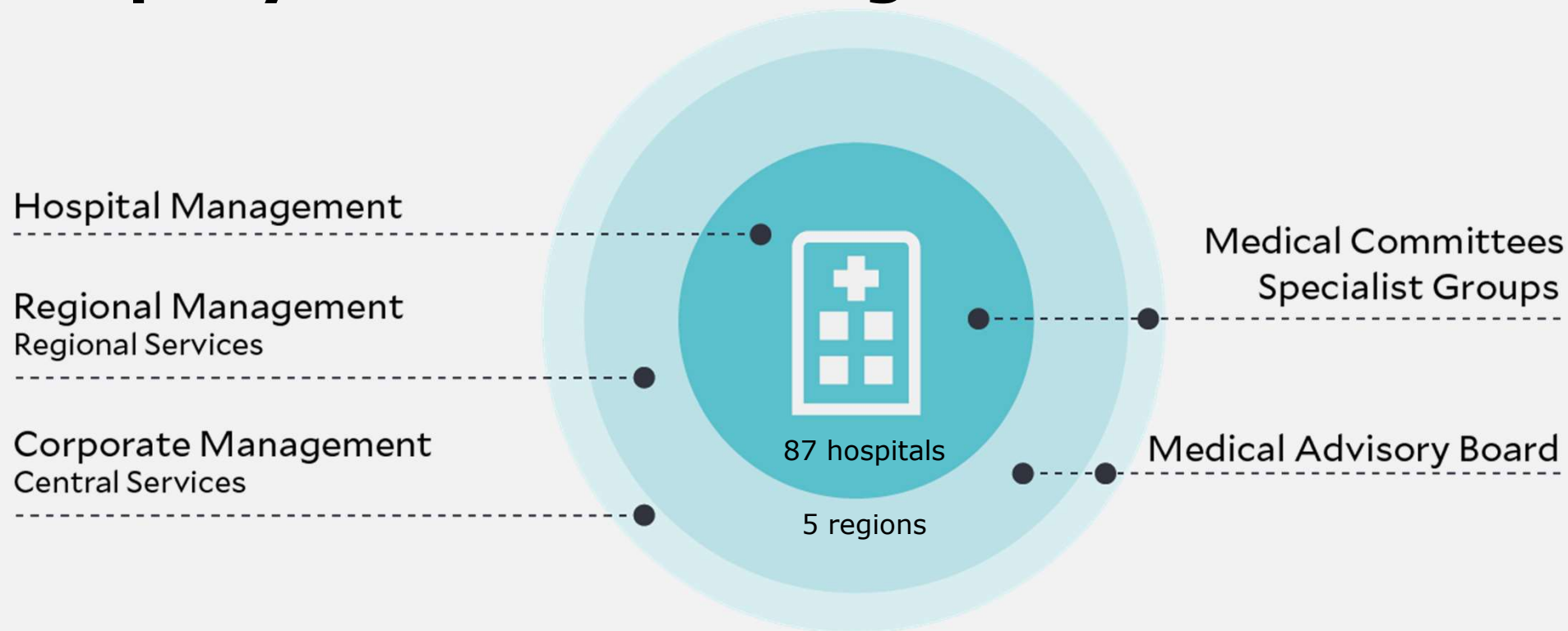
Helios opens up new growth opportunities:

- With our "smarthelios" digital strategy we are driving forward digitalization in healthcare. In 2015, helios.hub becomes the first German accelerator for entrepreneurs and start-ups developing digital solutions for hospitals.
- Moving abroad: Acquisition of the Spanish hospital group Quirónsalud, with its 45 hospitals, makes Helios the largest private hospital operator in Europe.



helios.hub offers start-ups the opportunity to develop and test innovative ideas, newly developed apps or other applications for doctors or patients in the real-world environment of its hospitals.

# Local responsibility – company-wide networking



# Central services: Service for every location.

We have our own specialists who support our management and facilities with their expertise.

- Experts from many different fields including IT, medical technology, cleaning, pharmacy and human resources provide the necessary input to management.
- We develop and pass on strategic knowledge through close networking, so that we can dispense with external consulting services to the greatest possible extent.







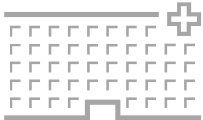



# Quirónsalud

# Facts and Figures

- #1 hospital group in Spain
- 13.3 million patients (12.9 million outpatients)
- 47 hospitals
- 57 outpatient centers
- Around 300 prevention centers
- more than 34,000 employees
- €3 billion in sales (Financial year 2018)
- The group includes the top hospitals in Spain.
- Quirónsalud hospitals hold first place in patient satisfaction rankings.



# Group KPIs

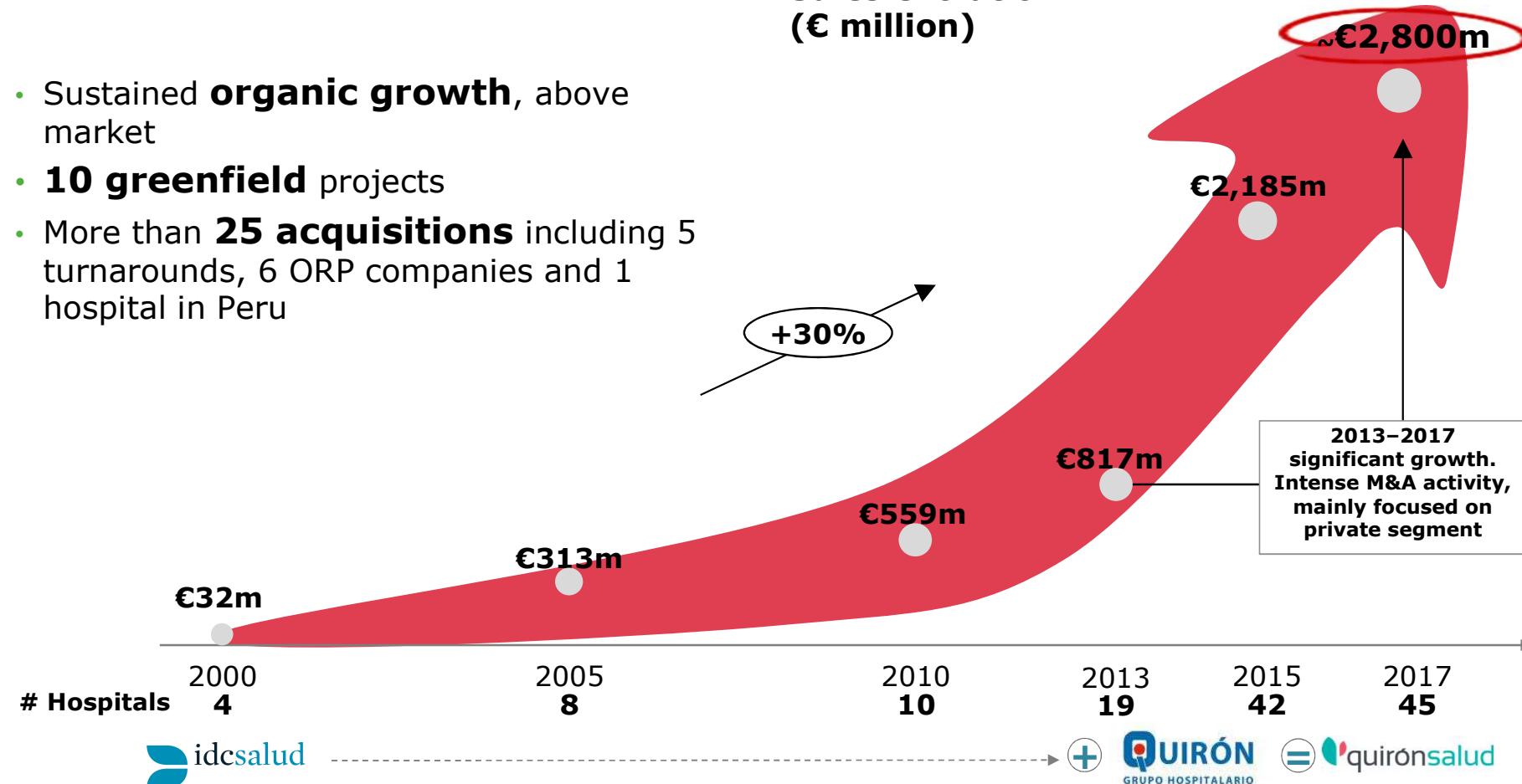
		2017	Total Growth YoY*
Outpatient consultancies		8.6 million	+12%
Emergencies		2.6 million	+8%
Inpatient			
Patient Days		1.5 million	+5%
Discharges		350 thousand	+5%
Avg. Length of Stay		4.3 days	-
Occupation rate		62%	+ 1 p.p.
Surgeries		400 thousand	+8%

\* Includes organic and inorganic growth

# History of Growth

- Sustained **organic growth**, above market
- **10 greenfield** projects
- More than **25 acquisitions** including 5 turnarounds, 6 ORP companies and 1 hospital in Peru

Sales evolution  
(€ million)



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## Over the Last 4 Years, M&A Has Played a Transformational Role

### 20 acquisitions between 2014–2017...

#### 1 Creation of Spanish market leader (#1 Group acquired #2)



#### 2 Acquisition of prestigious hospitals in local markets



#### 3 Creation of market leader in ORP sector



### ... with significant value creation



About **€100m** of annual synergies, most of them already realized and in a steady state



Mainly coming from...



- Procurement
- Internalization of services (laboratory, cleaning, catering, etc)



- ORP network rationalization

- Headquarters



Development of Permanent Improvement Program

# Prestigious Hospitals in Every Large Spanish City

## Top 10 Spanish provinces

Province	Population (million)	Quirónsalud # hospitals
Madrid	6.5	11
Barcelona	5.6	7
Valencia	2.5	1
Sevilla	1.9	2
Alicante	1.8	1
Málaga	1.6	2
Murcia	1.5	1
Vizcaya	1.1	1
La Coruña	1.1	1
I. Baleares	1.1	3

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## Celebrities at Quirónsalud

**Ruber**  
HOSPITAL RUBER INTERNACIONAL  
Grupo Quirónsalud

Hospital Universitario Quirónsalud Madrid

Hospital Universitari Dexeus  
Grupo Quirónsalud

Hospital Universitari General de Catalunya  
Grupo Quirónsalud

CENTRO MÉDICO TEKNON  
Grupo Quirónsalud

**Helios.health**

**smart.helios**

# Digital Based Medicine Will Drive the Shift from Volume to Value Based Healthcare

## Focus of Healthcare today



Flow of work and information based on pen and paper **Analog**

Diagnosis to understand and eliminate causes of symptoms **Illness**



Patients come to medical facilities **Professional-centered**

Fragmented responsibility **Sectoral**

Chain of episodic treatment phases **Sequential**

Outcome relies on intuition and skills **Expert-driven**

Diagnosis relies on High-Tec and skilled experts **High-Tech**

Helios.health

## Future Focus of Healthcare

**Digital** Any decision and intervention will rely on shared data

**Health** Behavior focused intervention before predictable change of health status

**Patient-centered** Intervention will be provided where patients need it

**Integrated** Holistic view on patients

**Continuous** Seamless Care continuum

**AI-driven** Outcome relies on real-world-data expert systems

**Commodity** Smartphone add-ons provide data-based diagnosis





# Future Healthcare Delivery Must Go Beyond Traditional Settings

More often than not, only the patient serves as the “container” for (all?) the relevant, health related data.

A lot of the time, GPs and other physicians have with the patient, is lost for collecting and updating data.



Especially for chronically ill patients, all this results in a lot of use- and needless healthcare interventions.

Patients are neither engaged nor empowered at home, where 90% of the patient journey occur.

# Our Vision for the Smart Healthcare of Tomorrow

Build and deploy an intuitive, user-friendly platform based on curated health data that transforms how patient care is delivered beyond traditional care settings, resulting in a simple and transparent one-stop-shopping experience for all the user's health needs.



# Healthcare is the Only Data Driven Business that is Not Aware of It

To reduce frictions within the existing healthcare system and allow patient-centered solutions, a healthcare platform (**multisided network enabler**) based on four pillars is needed

## Technical interventions

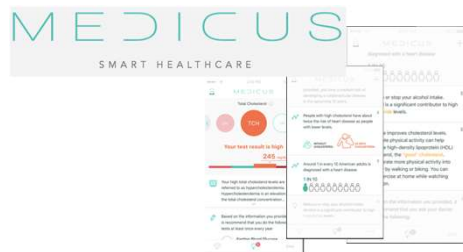
The platform brokers and connects the local care network to enable focused one-stop-shopping-solutions.

### Local Care Provider Network



## Education

The platform acts as the “trader of information” and guides the patient toward more personal responsibility.



## Behaviour Change

The platform’s “social system” (family & peers) together with AI delivers continuous motivation.



### Exercise contagion in a global social network

Sinan Aral & Christos Nicolaides

## Data integration

The platform deploys AI to aggregate data from various sources and curates it to enable reliable guidance.



## smart.health Platform

# Our Core Capabilities Are Focused on Success in the Digital Competition

## Culture



- Attract digital talents
- Create „fail-forward spirit“
- Agile development/Speed

Helios.health

## Skills



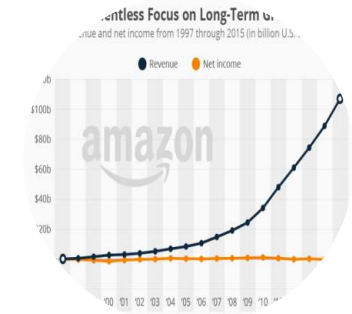
- Design thinking
- Usability Design
- Data Analysts

## Focus



- Co Working in Solution Teams
- User-centered products
- It is not project business, it is product business!

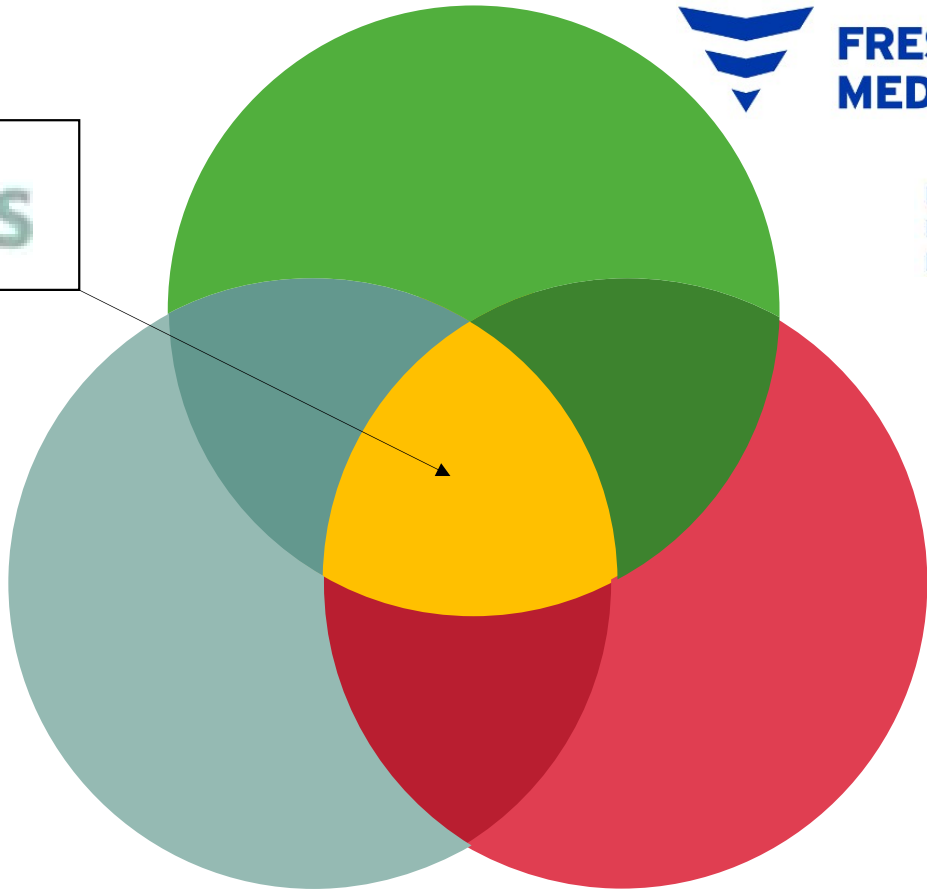
## KPI



- Growth and Retention (not EBIT / EBITDA)
- „Don't scale it, before you nail it“

# smart.helios Connects the Dots within the Fresenius Health Care Group

smart.helios



 **FRESENIUS  
MEDICAL CARE**

 **FRESENIUS  
HELIOS**  
add their broad  
knowledge about  
healthcare delivery  
and contracts

 **FRESENIUS  
KABI**  
capitalizes on their  
large product  
portfolio and their  
healthcare supply  
chain expertise

 **FRESENIUS  
VAMED**  
delivers  
specialized  
services



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**Thank you for  
your attention**

